



*Solutions for business prosperity and successful life balance*

**For immediate release**

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## **Free teleclass to focus on creative inspiration**

STRONGSVILLE - The Artist's Way Study Group, based on the best selling book by Julia Cameron, focuses on a person's journey to free their inner creativity. A free introductory teleclass workshop, facilitated by Betsy Muller, a certified energy coach, will be held on Sunday, October 21.

"Whether you write, paint, act or are seeking creative ways to market your business, this class offers inspiration and healing so that you can live a divinely inspired life of success," said Muller, owner of The Indigo Connection.

The Artist's Way focuses on recovering your creativity from a variety of blocks, including limiting beliefs, fear, self-sabotage, jealousy, guilt, addictions and other inhibiting forces, replacing them with artistic confidence and productivity.

Muller, who recently became the third Certified Energy Health Practitioner in the world, will weave energy coaching and Emotional Freedom Technique (EFT) into the workshop. Through EFT, people reduce stress and improve their emotional and physical health by harnessing their energy. The workshop series is being offered by teleclass, which enables participation from the comfort of your home, as well as live at the Inner Harmony Wellness Center, in Strongsville.

The teleclass will be held Sunday, October 21, from 7:00 to 8:00 p.m. To register for the live workshop or the teleclass, call 440-572-5672 or 440-238-4731 or visit [www.theindigoconnection.com](http://www.theindigoconnection.com).

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